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formal recognition that the bereaved lineage, freed from its death pollution, had been received back into the normal social life of the caste.

Lineage members were also united in worship of their lineage goddess or *dharma devi* ("goddess of moral law"). This goddess, named differently in different lineages, was a species of the common Nayar goddess Bhagavadi. Her idol was housed in a small shrine near the oldest ancestral house or sometimes in the courtyard of the village temple. She was believed capable of inflicting or withholding sickness and all types of misfortune. To ward them off, members propitiated her with offerings of cooked food every year. The astrologer might also advise an emergency propitiation. She had the power to bless women of the lineage with fertility. On this account she was worshipped before a tāli rite and also at the first menstruation ceremonies of a girl. In a somewhat vague sense, moreover, lineage members appear to have felt themselves collectively responsible to the goddess for sins or ritual lapses on the part of one of them. It was believed that if any member failed to observe the religious laws of caste, to perform household duties correctly, or to revere the goddess, she might bring sickness or misfortune upon the lineage as a whole.

In spite of this sense of collective moral responsibility, the evidence is unclear as to whether the lineage as a whole was held legally responsible for any of its member's acts. It is true that the enangar were the legal representatives of the local caste unit in its relations with the lineage. This inter-lineage relationship was hereditary and obligatory. It could not be entered into or permanently broken without the consent of the assembly and the chief of the district. If, moreover, an individual infringed a religious law of the caste, it was the duty of his lineage's enangar to summon a caste assembly to judge and punish the offense. Crimes, which were also sins, against caste law included incest within the lineage; dining or sex relations with prohibited lower-caste persons; failure to perform the marriage rite of a girl before she reached puberty; failure to observe pollution at the birth or death of a lineage member or (on the part of an individual woman) during menstruation; failure to pay dues in kind to the Nayar temple of the neighborhood. On being apprized of an offense, the assembly's first recourse was temporarily to ostracize the offender's household from the caste community. Ostracism meant that the offenders might not enter the temple, bathe in public bathing pools, enter the houses of other Nayars, employ the village servant

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had been so essential to its perpetuation, yet so firmly excluded from its everyday affairs.

Within each Nayar house one room was devoted to the spirits of dead kāranavans. It contained a number of small wooden stools on which spirits were believed to come and sit. The ancestor shrine of the lineage's oldest house contained many stools placed there in turn for the kāranavans of past generations, reaching back to the foundation of the lineage. A newer house would contain only the stools of kāranavans of that house. Offerings of cooked food were made before each stool by the living kāranavan, in the presence of all members, twice a year. The kāranavans' spirits were vindictive rather than protective. They were prone to punish the taravād with sickness or financial loss if any of its members failed in details of ritual performance, in care of the property, or in piety toward matrilineal kin. I have suggested elsewhere (Gough, 1958) that the cult of dead matrilineal forebears served as a focus for aggressive impulses which had their origin in relationships with living matrilineal elders. At the same time it united the living in fear and reverence of the dead and reaffirmed the moral laws of the taravād. It also acted as a sanction against a kāranavan's own exploitation of his juniors, since the maintenance of right relations with junior kinsmen formed part of his pious duty to his forebears.

The Splitting of Property Groups Genealogies and property documents reveal that during the nineteenth century the property groups of retainer Nayars divided at a particular point in their development. This occurred when the property group comprised two or more discrete segments descended from sisters, each segment containing an adult male capable of becoming kāranavan of his branch. For a segment to be "discrete," its founding ancestress, whether herself living or dead, must not have a mother, brothers, or mother's brothers alive. Separation before this point was not possibly because the division of property was stirpital. Individual men, the managers of property, could not separate themselves from their own mothers or sisters. A man could therefore never be a member of a different property group from that of his own mother's mother's brother, mother's brother, or brother. Division could take place only between groups headed by men from different minimal segments (parallel cousins, a man and his classificatory mother's brother, etc.), who were no longer held together by submission to a common mother's brother, grandmother, or great-uncle.

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ners and morals of their caste. She might discipline them with slaps and scolding but was usually indulgent. She taught her children to look to her brother as their authority, and might either report their conduct to him or (more commonly) try to shield them from his correction. A woman's duties to her adult son were to assist in cooking for him, to serve him with food along with other men before she and other women had eaten, and to assist in care of the house. She should offer him counsel and comfort, respecting his wishes but attempting to dissuade him from wrong. Her own moral conduct in the village was a part of her duty to her children. If she infringed the religious laws her shame fell also on them and they were the most likely persons to be visited with supernatural vengeance. A woman should accept the suggestions of her adult son with regard to her conduct. If he became her kāranavan she theoretically owed him obedience in law.

A child should respect his mother's teaching, although strict obedience to her was not demanded before the age of five or six. Throughout her life he should revere her, remembering that he owed to her his membership of his taravād and all the birth-status rights of his caste. For her sake he should maintain right relations with his matrilineal kinsfolk, submitting to his male elders and protecting his sisters and their children. A man should protect his mother from slander or physical harm. When he entered the village after an absence he must go first to greet her. While he stayed there he should live in his natal house and make himself available to his mother's requests. He should not incur her jealousy by visiting a wife for long periods in the daytime, or by eating frequently in the house of a wife or of friends. In all things he should place his mother's comfort and the interests of the taravād above his private concerns. In her old age he must offer comfort and companionship to his mother and after death must perform funeral rites and make annual offerings on behalf of her soul. Neglect of the mother by an adult son was the height of impiety. The lineage goddess was believed to inflict sickness on an impious son.

The etiquette of behavior between mother and adult son required mutual respect and a certain restraint on both sides. Each stood when the other entered the room, although they might later sit together and converse informally. They discussed questions of property and the affairs of the taravād in serious confidence, but undignified gossip and talk touching on sexual matters were prohibited between them.

become drunk with toddy and arrack. In this condition, one or more young men might undergo possession by one of the ghosts. He performed a frenzied dance and called out to the assembled members with the voice of the ghost, declaring its will and thanking or threatening the *taravād* on its behalf. I heard of only one *taravād* where this custom persisted. Shamanistic possession by the goddess Bhagavatī or by the god Aiyappan is, however, still prevalent among rural Nāyars, and such religious possession is still more common among the lower castes.

In some *taravāds*, propitiation of lineage ghosts accompanies that of various deities associated with the *taravād*. Chief of these is the lineage's patron goddess (*dharma devī*). The goddess, though known by different names in different *taravāds*, is always thought of as a species of the generic goddess Bhagavadi or Bhādrakāli, the chief deity of the Nāyars. Each group of Nāyar *taravāds* in a village usually possesses in common a temple dedicated to Bhādrakāli, but each *taravād* has, in addition, its own goddess. Cults of the village goddess are more important in Cochin, and of the *taravād* goddess, in Kottayam. The village goddess is believed capable of withholding or inflicting on the population wholesale misfortunes of a kind which strike all men alike—smallpox, cholera, flood, drought, cyclone, cattle epidemic, or defeat in an intervillage feud. Such inflictions result from failure to propitiate the goddess or failure to uphold the moral laws of caste. The *taravād* goddess concerns herself with its members' private morality and inflicts such individual misfortunes as fever, barrenness in women or cattle, or grave financial loss.

In aristocratic *taravāds*, the goddess and the lineage ghosts may nowadays be housed together in an ancient gynasium (*kalari*) near the ancestral house—a building formerly devoted to the military training of the *taravād's* youth. The ghosts may then be propitiated with cooked food on the same day on which a cock is sacrificed to the patron goddess. In such rites, propitiation of both spirits and goddess are associated with the *taravād's* former martial glory. In the rites there usually figure one or more ancestral swords which the male forebears used during their lives. These swords are the property of the goddess and are propitiated by the *kāranvan* as representatives of the deity.

Lineage ghosts have some concern with the *taravād's* internal morality. If its members fail in hospitality to guests, squander their income, or neglect their property, the ghosts may inflict misfortunes on one or more members of the group. However, failure to propitiate the ghosts correctly is the offence most likely to provoke retribution. Conversely, if offerings are made correctly to the ghosts, they will help to preserve the *taravād* from misfortune.

The ghosts vary in their severity and in the wrongs which they punish. A *kāranavan* who amassed much property is most likely to resent extravagance on the part of his successors. Forebears who died prematurely are more punitive than those who died peacefully in old age. All ghosts, however, are somewhat capricious: a small offense may provoke stern retribution, and misdemeanors on the part of one adult may result in the sickness of another or of a child of the property group. In particular, a forebear who was injured or insulted by his juniors during life or after his death may wreak vengeance on the *taravād* even down to the seventh or eighth generation. One instance from a village headman's lineage in Kottayam will illustrate such retribution. In 1798, the property group was dying out for lack of women, and the *kāranavan* adopted a woman and her children from a related segment of his lineage. After the

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kāranavan's death, his adopted successor was too young to manage the property. This passed temporarily into the management of a man from still another branch of the same lineage. When the true claimant came of age he disputed his guardian's management. After a bitter lawsuit the guardian was deposed in a British court. He continued to live on the *taravād*'s land and to harass his young successor. When the guardian died, the young *kāranavan* in his anger failed to arrange for the cremation rites until several days had passed and the corpse had decomposed. The ghost of this proxy *kāranavan* has harrassed his successors ever since, causing many of them to die of diabetes. The present members regard this condition as a decomposition of the body during life. The ghost's anger is so great that propitiations do not wholly avert its vengeance, although special offerings temporarily delay the progress of the disease.

The misfortunes inflicted by lineage ghosts include many forms of sickness, mental disorder, female barrenness and miscarriages, all of which are attributed to actual bodily possession by a ghost. Financial loss, crop failure and the deaths of babies or cows may also result from the ghosts' displeasure. I could find no very clear distinction between the misfortunes inflicted by lineage ghosts and those brought about by the patron goddess, by malevolent alien ghosts, or by the witchcraft or sorcery of enemies. Indeed it is obvious that the Nāyars themselves do not clearly restrict particular misfortunes to particular agents. For on the occasion of a misfortune, the *kāranavan* must often consult the village astrologer (Kanisan) who makes calculations to discover the responsible agent. He then instructs the *kāranavan* how to carry out its propitiation or to accomplish its control.

However, my information suggests that some misfortunes may be more likely to be attributed to some agents than to others. Miscarriages, for example, seem to be often attributed to ancestresses, to female alien ghosts, or to the patron goddess. Barrenness is often attributed to the snake gods of the *taravād*, who are believed to guard the fertility of its women. These misfortunes seem to be less often attributed to male ghosts, although some instances are known. Perhaps most important, however, circumstances immediately preceding the misfortune may help to determine the agent. If a forebear has died recently, or if a *taravād* has failed to propitiate its lineage ghosts or patron goddess, the *kāranavan* may not even trouble to consult the astrologer, or the astrologer may merely corroborate his suspicions. Similarly, if a man has an enemy with whom he has recently quarreled and then himself falls ill with fever, he is like to assume that the enemy has engaged the services of a witch or sorcerer against him. In small villages whose population is stable, moreover, the astrologer makes it his business to know the affairs of his clients and thus to diagnose appropriate causes for their misfortunes.

Sociological analysis. A satisfactory analysis of the functions of lineage ghosts must take into account those of other supernatural agents and of secular authorities. Among the Nāyars, supernatural agents have played only a minor role in punishing offences against men, as distinct from those against themselves. This is undoubtedly because human authorities of various kinds had strong judicial functions, deriving from their incorporation in a kingdom. In the last analysis their authority was backed by the military power of the king or chief. Among Nāyars, civil disputes were tried by village headman or district chief. Certain major crimes against the kingdom's religious laws were tried in the Raja's court. They included the killing of a cow or a Brahman or fornication with lower caste persons. The killing or assault of a Nāyar

The Killing or assault of a Nāyar

outside the lineage led to feuds between lineages or between larger territorial units. In Cochin, the king had more power than in Kottayam to curtail such feuds or confine them to organized duels for which a fee must be paid. Minor offences against caste law, such as dining with low caste persons, were tried by the subcaste assembly of the village and resulted in temporary excommunication of the offender's property group and the payment of a fine to the village goddess's temple.

The *kāraṇavan* had the legal right to punish offences within the property group and also those offences against caste law for which the caste held the property group responsible until justice had been done. Incest and murder within the lineage appear to have been punished by expulsion from the *taravāḍ* by the *kāraṇavan* and from the caste by the caste assembly. In cases of grave insubordination by a junior member, the *kāraṇavan* had the right to deny him maintenance or access to the ancestral house until he mended his behavior.

Thus the supernatural agents of the village and the *taravāḍ* primarily acted to force the human authorities to carry out their judicial duties. If, for example, the caste failed to excommunicate the *taravāḍ* of an individual who had sinned against its religious laws, it was believed that the village goddess would strike the village with epidemic, flood, or some such misfortune. Similarly, if incest within the lineage went undetected or unpunished, the lineage ghosts and the patron goddess might cause the offenders to die or might bring misfortune on the *taravāḍ* as a whole.

The fact that any member of the *taravāḍ* may suffer as a result of the misdemeanors of any other, carries into the realm of supernatural sanctions the collective responsibility of the *taravāḍ* in social and legal affairs. If a man breaks a ritual rule of the caste, his whole *taravāḍ* is polluted and liable for excommunication. If a death or birth occurs, the whole lineage is temporarily polluted and excluded from normal social life. At the back of these norms lies the fact that the *taravāḍ* is an economic and legal corporation. Its property is owned jointly, and the *taravāḍ* is responsible for the debts of any one member. Its male members must support each other in feuds against other lineages. It is not surprising that the concept of being members one of another in secular affairs is projected into the realm of mystical retributions.

The points at which supernatural agents might replace, or act instead of, human authorities, appear to have been those where a subordinate was wronged by one who was himself a powerful authority and could manipulate the law. Thus lineage ghosts were probably particularly effective in punishing or setting to rights misdemeanors of the *kāraṇavan* himself. I am uncertain whether, in traditional law, junior members could sue in court for the deposition of an erring *kāraṇavan*. They certainly possessed this right in British law, but even so, it was very difficult before 1933 to get rid of a *kāraṇavan*. The lineage ghosts appear to have provided important sanctions against a *kāraṇavan's* misdoings, for they brought misfortune on a *taravāḍ* whose *kāraṇavan* disgraced its reputation for hospitality or squandered its property. I was told that the former custom by which a junior member might be possessed by a ghost and voice its threats to the *taravāḍ* added force to the complaints of young men who were cheated by their *kāraṇavans*. The fact that only the *kāraṇavan* may propitiate the lineage ghosts points up both his responsibility to the ghosts to ensure good conduct and prosperity in his *taravāḍ*, and also his responsibility to his juniors to ensure the favor of the ghosts.

I have myself recorded no case in which lineage ghosts were believed to have actually prevented a crime on the part of a *kāraṇavan*, as distinct from punishing one. V. K.

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Raman Menon, however, records a legend of a mother's brother who deliberately betrayed a nephew, whom he hated, to the vengeance of a lineage currently feuding with his own.[6] The nephew was to have been killed by his enemies on the following day. But in the night his mother prayed for the return of her son's elder brother who was absent in a distant land. The lineage ghosts miraculously brought home the brother in time to save his junior's life. It must be remembered, moreover, that the belief that the deceased himself would become a lineage ghost capable of wreaking vengeance probably formed a sanction against intralineage murder.

Women are excluded from the ancestral shrine during their pollutions and may not enter it on the day of propitiations. The former prohibition is related to the whole concept of bad sacredness associated with emissions of the body, which prevents women from touching or eating with others or entering any sacred place during their pollutions. That women should be totally excluded from the shrine on days of propitiation seems also to relate to the general position of women in the society. As in most of the higher Hindu castes, women traditionally played a very minor role in economic production, for the work of production was done by the lower castes. A few women were scholars, and a few were even trained in arms, but the Nāyars' occupation as soldiers in general tended to exclude women from work outside the home. The bearing of children was by far the chief value of women. Correspondingly, women were subordinates in the legal sphere. They were throughout life under the legal guardianship of men, might not take part in public deliberations, and might not act as witnesses in the village court. The legal subordination of women may have been partly connected with their comparative lack of value in economic production, and perhaps partly, with the great moral authority they derived from childbearing—for female procreation was very highly valued and male envy of these functions was overt. The cult of lineage ghosts supports the correct operation of male legal authority within the *taravād*. The exclusion of women from participation in it, and their exclusion from the shrine on days when their procreative functions were most apparent, perhaps expresses in a formal manner the notion that the power which women derived from these functions was polar and even antipathetic to the legal and economic power of men.

Although the lineage ghosts had only subsidiary judicial functions, their cult served in several ways indirectly to maintain right relationships within the *taravād*. First, a *kāranavan* who respected and correctly propitiated his own forebears provided a role model of piety for his juniors in their relations with living elders. Second, the ghosts, as we have seen, provided some sanctions against a *kāranavan's* ill treatment of his wards. Levy,[7] in connection with the Chinese ancestor cult, has pointed out the importance of having supernatural agents to whom a human authority owes deference, in social units where the authority is not chosen by his subordinates and cannot easily be manipulated or removed by them. For the authority's good behavior toward his subordinates then becomes a part of his sanctioned duty toward his own supernatural authorities. In the Chinese cult, which in this respect resembles the Brahman, the head of a family must care for his patrilineal descendants because it is part of his duty to the ancestors to provide happy and prosperous offspring. For these, by their own later ancestral offerings, will save the forebears' spirits, and his own, from suffering in the life after death. In the Nāyar case, the *kāranavan* must keep his *taravād* in good order because if he does not do so the lineage ghosts may inflict suffering on all, including himself.

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accumulating religious merit against the life to come. With regard to their interests in this world, the ancestors resemble their descendants.

Lineage ghosts are powerful beings who can help or harm the living. The effect which they exert on the fortunes of the living is much greater than that exerted by the living on their own. They can aid their descendants by preserving crops, cattle, houses, and children, but their punitive characteristics are those most emphasized. Offerings to ghosts are designed less toward seeking positive good than toward averting misfortune. There is no idealization of the ghosts as morally superior beings. They are human in their failings of envy and bad temper, and indeed, even more capricious than the living. They may punish wrongdoing with a degree of justice, but they do not look sympathetically into the hearts of propitiants, and are almost as likely to exact vengeance for accidental mistakes in the performance of rites as for wilful immorality. Nāyars do not attempt to enter intimate spiritual communion with them or to please them by inner suffering and renunciation. Rather, the ghosts are bought off with gifts of food in order that their envy may be appeased.

These attitudes to the ancestors[12] are, it seems, directly related to relationships with the senior generation among the living. A man's relationship with his mother's brother is, from childhood, one of stern discipline. All mother's brothers have authority over their nephews and in traditional households may inflict corporal punishment on adolescents. There is a marked lack of intimacy between senior and junior men within the *taravād*, and the sanction on a nephew's good conduct is fear of punishment rather than fear over loss of love. Good *kāranavans* are devoted to their juniors in a stern and dutiful manner. They are proud of their *taravād* as against the rest of the world, but they do not exhibit personal tenderness to their juniors. Power is vested in the senior generation; there is little feeling that a nephew could wield power over his uncle by withdrawing his emotional support. Great emphasis is placed on a formal etiquette of dignified and respectful behavior, amounting to partial avoidance, but neither party need feel that he loves the other in his heart. Nephews will not normally readily reveal hostility toward their uncles before outsiders, for they wish to preserve the dignity of the *taravād*. But they do publicly acknowledge hostility under provocation, and more frequently accuse the uncle of aggression toward themselves. That hostility is a normal component of relationships with mother's brothers is proverbial among Nāyars. They recognize this as the reason why a formal etiquette of behavior is indispensable. And even in spite of the stringent rules regulating the intercourse of mother's brother and sister's son, physical aggression between them may occur. In spite of the supernatural sanctions against violence within the lineage, I heard several stories of nephews who poisoned or stabbed their mothers' brothers. Aged *kāranavans* of large *taravāds* often complain of their loneliness. They may not behave intimately with their juniors and know in their hearts that they are hated and envied. "Indeed," as one Nāyar remarked, "in an old-fashioned *taravād* the position of the *kāranavan* is not safe." The office of *kāranavan* is, of course, much coveted. Junior men commonly number themselves off in order of age-rank as second, third, fourth men, etc., and with divided feelings await the demise of those above them which will raise them to higher rank. The relationship between older and younger brothers, own or classificatory, is only slightly less stern and formal than that between mother's brother and sister's son.

The relationship of a woman with her mother's brother is less harsh than that

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crop and cattle blight. These he continued to explain in terms of a childlike picture of powerful supernatural elders.

It must also be noticed that although there are slight differences in the relationships of men and women to lineage ghosts, the ghosts are, in general, far more alike than are matrilineal elders. A man's relation with his mother is very different from that with his mother's brother, and his relations with different mother's brothers are by no means uniform. Yet the ghosts are collectively regarded as both protective and dangerously punitive. It seems probable, therefore, that a Nāyar reprojects his own supergo onto the standardized, institutionalized image of lineage ghosts which his culture provides him. For the superego, like the ghosts, is a composite of the prohibitions imposed by a number of elders. The superego is also formed in part from the individual's own aggression, which he defends against by projecting it upon the generalized parental image which he has internalized. If this view is correct, reprojection of the harsh superego onto ghosts in times of misfortune must serve to reduce guilt. For the offences which the ghosts ostensibly punish with sickness are often inadvertent or trivial ones, such as failure in the correct performance of rites. The astrologer's diagnosis may thus permit him to focus his generalized guilt (concerning deeper, unconscious aggressive impulses) upon a specific, minor lapse of duty on the part of himself or one of his kinsmen. He is then able to take practical steps to alleviate his guilt through propitiation of the supernatural agents. The Brahman's offerings on behalf of his ancestors also seem to serve as an alleviation of guilt, but in a different manner. For instead of reprojecting his harsh superego onto ancestral figures, the Brahman apparently projects it wholly outside the area of human relations onto a vindictive god of death, whose hell he believes endangers both his own and his parents' souls. He appears to alleviate his guilt through rites designed to preserve them and himself from this fate.

If it is true that the Nāyar reprojects his own superego upon the lineage ghosts, this would explain why the ghosts are so much more punitive than are living elders. They are thus fitting agents for the infliction of natural misfortunes, which in fact fall more heavily and capriciously than do the punishments of living elders. The fact that all members of the *taravād* are enabled to focus projected aggression and guilt feelings upon the ghosts probably enhances the internal solidarity of the *taravād*, by lifting a portion of these troublesome feelings from inside to outside the group. The cult thus brings together in rites of propitiation these very kinsmen who (in one aspect of their relationship) hate each other, and forges renewed bonds of mutual devotion in the appeasement of beings whom all of them fear.

Funerals and Anniversaries: The Sanskritic Cults

Although they retained the non-Sanskritic cults of ghosts, the Nāyars long ago adopted many Brahmanical usages in connection with funerals and with rites on the anniversary of a death. Such usages include cremation rather than burial of the dead, and offerings of rice balls (*bali*), water, and other oblations in the days of pollution following a death. As among Nambūdiri Brahmans, the chief heir, at the end of the period of pollution, enters a period of ascetic mourning (*dīkṣā*) for one year in Cochin and for forty-one days in Kottayam. At the end of this time he may dispose of the bones and ashes in a sacred river. He makes *bali* offerings to the spirit on each day of his mourning, and at its close, performs final offerings which unite the deceased with

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dons his mask and becomes possessed by his *teyyam*, he may adopt an authoritative or aggressive attitude to his Nāyar hosts, demanding gifts or threatening them with misfortune before conferring his blessing. He may not, of course, physically attack the Nāyars. Indeed, he is, while possessed, likely to solicit admiration by inflicting physical suffering on himself, usually by burning himself with torches or rolling in the red hot ashes of a fire. After the oracular pronouncements, having doffed his mask, the officiant again becomes the servant of the *taravād* and humbly accepts his fee. For the low caste officiant, therefore, these festivals permit a limited, stylized expression of aggression and a temporary assumption of authority toward their high caste masters. At the same time, the festivals underline both the need for interdependence between the castes, and ultimately, the lower castes' permanent, secular role as submissive servants.

Functions of the cults of alien ghosts. My discussion of alien ghost institutions in the general context of Nāyar handling of aggression has necessarily pointed to some of their social and psychic functions. These may, it seems, be summarized as follows. First, the cults permitted, in a harmless manner, the handling of aggression which arose in relations between castes. Second, whether or not witchcraft or sorcery were actually practiced, the belief that those whom he wrongfully harassed could arm themselves with these ritual weapons must have acted as a deterrent to the Nāyar authority who was tempted to oppress low caste subordinates, or to favor his affines at the expense of his matrilineal juniors. Through witchcraft and sorcery, alien ghosts, therefore, might help to prevent injustices which could not readily be brought before a secular authority.

Third, these institutions brought together in ritual cooperation the very categories of persons whose mutual ambivalence provided the ultimate motive force for the institutions themselves. In the case of witchcraft and sorcery, there existed a complicated interplay of hostilities and alliances which, over time, balanced each other. All Nāyars feared the harmful supernatural power of the lower castes, and this gave unity to their caste. In a particular instance, however, a Nāyar who believed himself attacked by an individual low caste practitioner, or by another Nāyar with the help of such a practitioner, could obtain relief only by engaging the ritual assistance of some other officiant from one of the suspected castes. In the case of the cults of alien ghosts institutionally attached to his *taravād* and his village temple, it seems that the Nāyar's generalized fear of and hostility to outgroups was turned outside the area of human relations and focussed upon supernatural agents feared by all. But again, only willing and friendly ritual cooperation with lower caste officiants could ward off supernatural attacks from the whole community, including the Nāyars.

It seems probable to me that one of the most important functions of all religious ritual, if not the important, is this resolution of conflict within individuals and within groups. The manner in which this is achieved varies greatly. The rituals of rebellion[24] and the initiation rites[25] analyzed by Gluckman, for example, on the surface bear little resemblance to Nāyar cults of the dead. But as Gluckman has shown, their broad social functions are the same. Institutionalized religious ritual, like the private rites of obsessional neurotics, permits to the individual a disguised expression of his aggression, while at the same time reassuring him that his control over the direct physical expression of aggression is unimpaired. But institutionalized ritual does far more than this. It has not only temporary therapeutic value for the individual, but is also interwoven

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endogamous Attikkurissi clan of the Nâyars, who look upon it as the most fitting union.

MARRIAGE.

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"The haughty nobles and the vulgar race
Never must join the conjugal embrace."
The Lusiad.

The common assertion that there is no such thing as marriage amongst the Nâyars, so easily accepted in belief that the Government has been persuaded into a commission to examine the question and to pass an edict entitled "The Malabar Marriage Bill" (which happily fell dead, and is extremely unlikely to effect the customs of the Nâyars and others following the Marumakkattâyam law of inheritance), reminds one of the weary disquisition by people who are dull enough to try and prove that Shakespeare's plays were not written by Shakespeare, but by another fellow of the same name. No events of life being so realistic to man as marriage and death (to the individual, to the tribe, to the people) shallowness rather than sturdy hardihood of racial character is perhaps indicated when we find any downright change in the ceremonial of marriage, even though it be but some ephemeral divagation and not properly speaking radical change.

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Buchanan, writing in 1800, tells us that Nâyar girls are married before 10, so that they may not be deflowered by nature, but the husband never afterwards cohabits with his wife. It would not be decent. He allows her this and that, and she lives in her mother's house where she may admit a lover of her own or of a higher caste; the lover giving her a small present; never a large one, which would indicate that she was influenced by mercenary motives. He says the young people vie with each other for favour of the other sex, but that, should a Nâyar man have intimacy with a Tîyan (a lower caste) woman, he is put to death and the woman is sold to the Mâppilas! In the case of the *chère amie* being a slave—presumably of the Cheruman or cognate tribes—both are put to death. If this be true, there were forcible means used in those days for preventing intermixture of the people of the higher and lower castes. Buchanan tells us also that in North Malabar, where as a rule the lady lives in his home, the Nâyar or Nambûtiri lover may put her to death, should she be guilty of infidelity; and he may send her home whenever he pleases.

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unless he has been admitted by certain formalities to the village to which he has emigrated, is considered to belong to his original home.

The village is divided into two *Karas* (or *Amsams*), the northern *Kara* and the southern *Kara*. The division is arbitrary and has no significance. A man from Kavalam belonging to the North or South *Kara* is treated in another village as belonging to the same place.

The *Bhagavati* (goddess) Temple in the village was, before the government took possession of it, owned by *two Karas jointly*.

In each of the *Karas* there are five *Āsāns* or *Pramanis*. They keep *Kalaris* and are honoured and respected by all the Nāyars in the district. No common Nāyar is allowed to sit in their presence, to enter their kitchen, or to call their women without the title of *Kunjamma* (or Ladyship).

The seventy-five families which the *Kara* contains are divided between the five *Āsāns*. Each *Āsān*, therefore, has a general authority over all the families, and special rights over the fifteen families immediately under his control.

In all matters of ceremony the *Āsāns* have to be informed beforehand. Without their presence, no public ceremony of any family is supposed to be valid. All the public functions of the village are done by them. The ceremonies of the temple, for example, are under their control. They are the people who summon the *Karakkars*, or the villagers, to assemble and settle matters of importance. The villagers settle in such assemblies, things relating to the community, such as public festivals, the expenditure of *Karayogam* (common to the village) funds and the behaviour of people who have acted against the customs of the village. If a marriage ceremony had not been properly conducted, it comes before them. If an *Āsān* had not been properly invited, that matter also comes up for consideration. Instances of punishments inflicted by the village on individuals and families were not uncommon till lately. I remember a particular case in which the villagers as a body led by their *Āsān* walked out of the marriage (*Talikettu*) *pandal* because the order of precedence was not kept up. The family of a squire had, during these hard days, become poor, and a rich squire who, in order of precedence, came below him was given a seat of honour. The result was that the whole community walked out as a protest, and the *Kalyanam* had to be held over again to the satisfaction of the poor *Āsān* and his loyal friends.

How strong this organisation is will be seen from the following incident. A gentleman, when coming from Madras, had a Christian friend with him, and his servant who waited for him at Alleppey was eating his food when both of them entered the boat. It is a very rigid custom that no food can be taken in the company, or even in the proximity of any lower caste, and Christians are considered to be such. The result of it was that when they got home the news got abroad that the Nāyar servant had eaten with a Christian in the boat, and the whole village

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264 626 564 was in a state of terrible fury. It was only with great trouble that they were persuaded not to excommunicate the poor man.

621 178 The Nāyar life and customs can be rightly understood only in the light of their village organisation. The enormous influence the opinion of the village has in all matters connected with their social, as well as their family, life is the main reason of the persistence of the Nāyars as a vigorous and healthy community in spite of strong economic pressure, merciless competition and fast changing conditions. It is also due to this system of organised life that the customs of sexual relationship and marriage, which look so loose and immoral on paper, are found actually to be decent and tolerable. The Nāyar community is not more immoral than any other community in the world. The restraining influence among them does not come from actual written law, as among the Hindus of other parts of India, or from a belief in any social philosophy present in the mind of at least the leaders of thought. It comes from the strong feeling of social propriety which the village has developed to a very high degree.

III.—FAMILY LIFE AMONG THE NĀYARS.

613 [425] The Nāyar family consists of all the descendants from the same ancestress, counting relationship exclusively from the side of the mother. Theoretically it may contain all those who have a common ancestry of this kind, but, in practice, when families grow unwieldy, they divide the common property and live under different roofs. Ordinary families consist of relations four or five degrees removed. The numerical strength of the family varies. In old and aristocratic families one finds sometimes fifty to eighty people, though one or two families can be mentioned in Malabar which contain one hundred and fifty to two hundred people.

The undivided family generally lives under the same roof. In the house itself only the females live, while the male members of the family occupy rooms set apart for them, or, if they are rich, live in houses in neighbouring compounds. The Nāyar 351 613 house has always a large piece of enclosed ground in front of it, which is called *Muttam*. Often it is used as an ornamental garden, and no man of the lower caste may enter it. There the children walk about and play in daytime, and the women have their dance and general merriment in the evening. Behind the house is a [562] vegetable garden and a bathing tank, which is reserved exclusively for women. The dominant idea in the arrangement of the house is the proper separation of sexes in the family.

613 421 [179] The family owns property in common. What a private individual earns belongs to him exclusively, but when he dies it is joined to the rest of the family, according to the old Nāyar law which is still prevalent in some parts.[1] When the

[1] Legal tendency has been to modify this practice.

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182 Internal structure of the caste.
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Caste assigns to each individual his profession or calling; and when once the system is handed down from father to son, and from generation to generation, it is found impossible for any person or his descendants to change for any other the condition of life which the law assigns to him. The most far-sighted and prudent men in ancient times probably found such an institution to be the only means for maintaining a system of civilisation amongst a people endowed with the peculiar characteristics of the Hindus.

The important principle which guided all ancient legislators was, that no man in the commonwealth should be left without work. At the same time, they knew that the people were indolent by nature. They were further aware of the fact that, unless every individual was duly provided with some work, for which he might be best fited, the social fabric must necessarily fall to pieces. The law-givers therefore established durable and inviolable rules for the different castes constituting [626] the Hindu race; the violation of which brings divine displeasure, and meets with severe punishment both in this world [688] and in the world to come.

It is some such guiding principle that is involved in the 564 division of the Nayars into various sub-castes. In Kerala the 174 Brahmans seem to have been instrumental in the formation of castes to some extent: for, it is found that some castes have to do services in temples to Brahmans. Distinct professional [463] groups in the tribal organisations may have existed there before the advent of these people, who probably found it easy to make a ready adjustment of the social groups, and thought it advisable to assign to them well defined occupations. Therefore, the original institution of the caste system does not merit any serious condemnation.

Some are of opinion that it is not quite correct to say that the Nayars are a caste, and that it would be better to call them a tribe, as Bhattacharya has done in his 'Castes and [114] Sects'. I am however inclined to think that the name is not quite appropriate, and that they do form a caste of people, known as Malayali Sudras.

564 In regard to subdivisions, there is no uniformity. So numerous and varied are they in Cochin, Malabar, and Travancore, that titles of distinction that have been conferred upon

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595 [554] circumstances of his matrimonial life. If however he do so, his family and society will not recognise it as such, and no woman of any respectability will enter into such an alliance.

586 According to the customary rules of *sambandham*, the relationship between husband and wife, ceases at the will and pleasure of either party; but in practice, such dissolution of marriage is of rare occurrence. The woman generally does not leave her husband, while the man may send her away whenever he chooses to do so. Marriage can be dissolved only with the consent of the *kiranavans* or the other elders of the family. There are certain formalities to be observed in this connection, which vary in detail in different places, but some secret act indicating the intention of repudiation seems necessary before the divorce. In the event of the husband trying to effect a separation from his wife, he sends two or three respectable men to give intimation to the *kiranavan* of the wife's family setting forth his reason for so doing. If the wife wishes to terminate the *sambandham*, she brings it to the notice of the *karanavan*, and with his consent tells the husband in the presence of her relatives the reasons for discarding him. In the northern parts of the State, especially in the Chittur Taluk, the prevailing custom is to send for the husband and two of the fellow caste-men and to declare the reluctance of the woman to continue as wife, in the presence of these men. In some cases, instead of the formal declaration of the dissolution of marriage, certain conduct on the part of the parties is tantamount to such a declaration, such, for instance, as the failure by the husband or his family to send the usual presents to the family of the wife for *Onam*, *Vishu* and *Thiruvithira*, the refusal of the wife's people to accept them when sent, the failure to pay for wife's sustenance attended with deliberate omission to visit her, the deliberate absence for three consecutive nights with the consent of the elders from her husband's room. As a rule, no dissolution is allowed unless the cases for the same are enquired into and discussed by guardians and relations. Though a woman is free to marry and to dissolve the union, yet, as a rule, she never does so. The fear of social disgrace and self interest stand in the way of a woman's attempt to separate from her husband. In Cochin as well as in South Malabar, the women

Duration of conjugal union.

[613] [84] 626 [84] [522]

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are allowed greater freedom in the choice as well as in the divorce of husbands (*sambandhakárans*), and the females in the family do not interfere in their freedom so long as it does not produce any domestic scandal. The orthodox view is that, as the woman is not independent, she seldom thinks of relinquishing the husband. Arbitrary divorce is thus discouraged, and adultery is a grave social offence. A wife, who is disputatious, who steals her husband's property, who favours another than her husband, who converses with strangers, who is gluttonous, who enters strange houses, should be put away even though she may have born ten sons. Litigation between two families and disagreement between a husband and wife are also the causes. Social stigma follows the adulterer, and the adulteress loses her status in society.

A Nayar woman has to observe certain ceremonies during her first pregnancy. First during and after the seventh month of pregnancy, she bathes and worships the deity in the temple every morning, and eats before her morning meal, a small quantity of butter, over which holy *mantrams* have been recited by the temple priest or by Nambuthiris. This is done generally till delivery. *Pulikudi* (tamarind juice drinking) is an indispensable ceremony performed for every pregnant woman, by the rich and poor alike, on an auspicious day, in the ninth month of pregnancy. An auspicious day, nay, even the very hour, is fixed by the astrologer. The ceremony opens by the planting of a twig of the *ambázha* tree (Spondias mangifera) on the morning of the day of the ceremony in the inner court-yard (*nadumittam*) or the northern wing of the house. At the appointed hour (*muhúrtam*), the pregnant woman, after having been bathed and properly attired, is conducted to the northern block of the house (*vatikkini*) where she is seated facing eastwards. The *Ammáyi* or the uncle's wife, whose presence on the occasion is essential, goes to the court-yard, and plucking a few leaves of the planted twig, squeezes a few drops of its juice into a cup. This she hands over to the brother, or uncle, if any, of the pregnant woman. It is necessary that the brother should wear a gold ring on his right hand ring-finger. Holding a country knife (*pisánkatti*) in his left hand, with its point towards the north, he pours the tamarind juice over his knife with his right hand three times

Pulikudi.

852 846 564 powdered charcoal. During this and other periods, a characteristic service called māttu (change) has to be rendered by people of the Mannān caste to Nāyars, and to other castes by their proper washermen, who may or [844] may not be Mannāns. On the day of birth, the Mannātti brings a clean tūni (cloth) of her own, and a mundu (cloth), which she places in the yard, in which she finds the accustomed perquisites of grain set out, and a lamp. An Attikurissi Nāyar woman takes the clean clothes, and the Mannātti removes those previously worn by the mother. Every subsequent day during the pollution period, the Mannātti brings a change of raiment, but it is only on the 7th and 15th days that any ceremonial is observed, and that the Attikurissi woman is required. On those days, a Mannān man attends with the Mannātti. He makes three pradakshinams round the clean clothes, the lamp, and the niracchaveppu, and scatters a little of the grain forming the latter on the ground near it, with an obeisance, before the Attikurissi woman takes the clothes indoors. This rite of māttu has far reaching importance. [626] It affords a weapon, by means of which the local tyrant can readily coerce his neighbours, whom he can subject to the disabilities of excommunication by forbidding the washerman to render them this service; while it contributes in no small degree to the reluctance of Malayāli women to leave Kērala, since it is essential that the māttu should be furnished by the appropriate caste and no other.

852 "On the twenty-eighth day (including the day of birth) comes the Pālu-kudi (milk-drinking) ceremony, at which some women of the father's family must attend. [591] Amongst castes in which the wife lives with the husband, [564] the ceremony takes place in the husband's house, to which the wife and child return for the first time on this day. The usual lamp, niracchaveppu and kindi of water,